

# Parkinson's Support Groups Around the State

## Bluefield

2<sup>nd</sup> Tuesday at 2 pm; Virginia Ave. United Methodist Church; Jean Brown; (276) 322-5715; [brown\\_rj3659@verizon.net](mailto:brown_rj3659@verizon.net)

## Charlottesville

2<sup>nd</sup> Monday at 1:30 pm at Westminster Canterbury of the Blue Ridge (on Pantops). Susan Dietrich; (434) 982-4482

2<sup>nd</sup> Tuesday at 11 am at TheColonnades Health Care Center; Debbie Paley; TheColonnades.AVA3@sunriseseniorliving.com

3<sup>rd</sup> Friday at 12:30 pm at ACAC at Albemarle Square Shopping Center; Debra Pressman; [debra.pressman@gmail.com](mailto:debra.pressman@gmail.com) or (434) 996-1718.

Carepartners Group (**New Group!**), 2<sup>nd</sup> Thursday at 10:45 am at The Senior Center; Patsy Asuncion; [patasuncion@yahoo.com](mailto:patasuncion@yahoo.com).

## Chesapeake, Portsmouth, Suffolk

1<sup>st</sup> Saturday, 1 pm, Church of St. Therese-Chesapeake. Pat & Steve Yaros; (757) 489-4302

## Danville **New day!**

2nd Wednesday at 2:00 pm, Trinity Methodist Church. Jim and Marjorie Hamilton at 434-791-4493

## Eastern Shore/Onancock

Last Monday at 3:00 p.m., Hospice & Palliative Care of the Eastern Shore; Betty Armsey; (757) 787-3310

## Fishersville **New Location!**

1<sup>st</sup> Saturday, 2:00 pm, Augusta Health Campus, Community Care Bldg., 64 Sports Medicine Drive Barry Dubit; 540-849-0480

## Franklin

Contact Doug Boyce; 757-562-4432

## Fredericksburg

Last Wednesday at 10:30 a.m. Jim & Earline Haney; (540) 371-7334

## Hampton

1<sup>st</sup> Tuesday at 3:00 pm; Sentara. Susie Garrison; (757) 827-2170

## Harrisonburg

3<sup>rd</sup> Saturday at 1:00 pm, Rockingham Memorial Hospital. Eva Showalter; (540) 810-5210

## Hillsville

2<sup>nd</sup> Wednesday at 1:00 pm; St. Joseph Rectory. Mary Ann Riccitiello 276-728-0130

## Lexington

2<sup>nd</sup> Wednesday at 10:30 am; “Sunnyside” at Kendal; Christine Treen; 540-784-4519

## Loudoun **New Location!**

1<sup>st</sup> Tuesday at 1:30; Ashby Ponds, 21160 Maple Branch Terrace, Ashburn, VA. Gary Heinberg; 703-404-5563

## Lynchburg

3<sup>rd</sup> Tuesday at 2 pm at The Summit; Jimmy White; (434) 239-2373

## New River Valley/Blacksburg

3<sup>rd</sup> Wednesday at 2:30 pm, Blacksburg Library. Linda Wilson; (540) 268-2123

## Newport News

3<sup>rd</sup> Wednesday at 1:00 pm, Mary Immaculate Conference Center. Cynthia Dowd; (757) 886-6381

4<sup>th</sup> Wednesday, 5:30 p.m., Riverside Regional Medical Center, Medical Office Bldg.; Sandy Snapp; (757) 534-5837

## Norfolk, Virginia Beach,

1<sup>st</sup> Wednesday, 10 am. St. Andrew's United Methodist Church. Call (757) 495-3062

## Northern Neck/Middle Peninsula

2nd Wed at 1 p m; Carepartners meet also 1<sup>st</sup> Mon at 10:30 am (carepartners group) Rappahannock Westminster Canterbury. Rita DePew; (804) 435-9553

## Orange **New Group!**

Last Wed. each month at Dogwood Village Senior Living; Martha Robeson; 540-672-2611

## Richmond

1<sup>st</sup> Tuesday of each month at 7:00 pm, (Discussion); Circle Center, 4900 W. Marshall St., (behind Krispy Kreme on Broad St.). Contact Jay Burkhardt (804) 355-5717

3<sup>rd</sup> Sunday at 2 pm at Health South (Educational); 5700 Fitzhugh Avenue. Contact Kathy Morton; (804) 730-1336

4<sup>th</sup> Thursday each month at 1 pm PADRECC, McGuire VAMC; contact Lynn Klanchar; (804) 675-6952

## Roanoke

3<sup>rd</sup> Tuesday at 2:00 pm Ronald McDonald House. Contact Eric Anderson; (540) 721-1994; [parkinsonsyahgroup@gmail.com](mailto:parkinsonsyahgroup@gmail.com).

(Roanoke continued)

Caregivers Support Group: 2<sup>nd</sup> Friday at 9:30 am; Colonial Baptist Church; Donna Kester; 540-774-7923

## Williamsburg

2<sup>nd</sup> Monday at 1:30 pm, Williamsburg Landing. Jack Hostetter; 757-221-0160; [wpsg@cox.net](mailto:wpsg@cox.net)

## Winchester

2<sup>nd</sup> Tuesday; 11 a.m., Winchester Church of God. Cheryl Reames; (540) 662-4632; [winchesterparkinsons@gmail.com](mailto:winchesterparkinsons@gmail.com).  
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## Young Parkinson's Groups

**Charlottesville, VA;** Debra Pressman at [debra.pressman@gmail.com](mailto:debra.pressman@gmail.com) or (434) 996-1718.

**Richmond, VA;** 4<sup>th</sup> Sunday, 2 p.m., VCU Parkinson's and Movement Disorders Center; Andrea Perseghin at 804-662-5300 or [pdcenter@vcu.edu](mailto:pdcenter@vcu.edu)

**Virginia Beach, VA;** 1<sup>st</sup> & 3<sup>rd</sup> Saturdays, 10 a.m. at Old Donation Apt. Complex Clubhouse; (757) 495-3062 or [VBYoungOnsetPD@gmail.com](mailto:VBYoungOnsetPD@gmail.com)

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***The Melvin Weinstein Parkinson Foundation may be able to help those who cannot afford special equipment or supplies needed to manage the daily challenges of Parkinson's disease, please contact; Marsha Anthony, (757) 313-9729; OR help@mwpf.org; OR [www.mwpf.org](http://www.mwpf.org)***  
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**As of October 8, 2014**

# **Parkinson's Support Groups Around the State**

**Northern Virginia area**

**Contact PFNCA at 703-734-1017**

**([www.parkinsonfoundation.org](http://www.parkinsonfoundation.org)) for information  
about groups in Alexandria, Arlington, Fairfax,  
Gainesville, Manassas, & Springfield**

## **Virginia Chapters of the American Parkinson Disease**

### **Association:**

**Hampton Roads Chapter, 757-495-3062,  
[www.hrparkinsons.com](http://www.hrparkinsons.com)**

**Richmond Metro Chapter,  
P.O. Box 70283, Richmond, VA 23255  
Kathy Morton; 804-261-5201,  
[www.parkinsonrichmond.com](http://www.parkinsonrichmond.com).**

## **APDA National Office**

**135 Parkinson Avenue  
Staten Island, NY 10305  
(800) 223-2732**

## **APDA Information & Referral**

### **Center of VA**

**500 Ray C. Hunt Dr.  
Charlottesville, VA 22903  
Susan Dietrich, Coordinator  
434-982-4482**

## **Southeast PADRECC**

**V.A. Medical Center  
1201 Broad Rd. Blvd,  
Richmond, VA 23249  
Lynn Klanchar, RN, MS  
84-675-5931**

**CONTACT Susan Dietrich with changes;  
[sjd3c@virginia.edu](mailto:sjd3c@virginia.edu); 434-982-4482**